

### **The Cardiac Rehab New Brunswick (CRNB) Continuing Education Tutorial**

The Cardiac Rehab New Brunswick (CRNB) Continuing Education Tutorial is offered in the spirit of collaborative knowledge exchange by a group of dedicated health care professionals. A registration fee is not required to review the tutorial however resource books and registration to other websites, as indicated throughout the tutorial, may be required for optimum learning and have been summarized in the Cost section.

#### **What is it?**

The tutorial consists of a total of 11 self-directed learning modules set at an undergraduate level.

#### **Who is it for?**

The tutorial's intended target audience includes Health Care professionals who are:

- New to the area of Cardiac Rehabilitation (Tutorial may serve as a workplace orientation for new staff).
- Currently working with cardiac rehabilitation patients and looking to increase or update knowledge base.
- Working in areas of chronic disease management and population health.
- University students enrolled in kinesiology or other exercise physiology courses.
- Interested and eligible to prepare for the American College of Sports Medicine (ACSM) clinical certifications and/or Canadian Society of Exercise Physiology (CSEP) Certified Exercise Physiologist Certification.



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